

IMPALA AWARDS CERTIFICATES TO EDUCATORS TRAINED IN MEDICAL EMERGENCY

Rustenburg – On Friday 17 January, Impala Platinum mine awarded first aid certificates to ten educators from three schools located in Luka village. A team from Impala's Rustenburg operations, led by general manager Joseph Tsiloane and health, safety and environment group executive, doctor Jon Andrews awarded the certificates. Bishop Tyira and Peter Mokoena, senior managers from Impala's health services who arranged and provided the training to the educators, were also present. In total, 32 educators from Impala's host communities received training in November 2019. The ten educators who received their certificates on Friday represented Luka Primary School, Ramotse Primary School and Mogono Primary School. All situated in Luka, 23 other educators from the Impala host communities of Lefaragatlha, Kanana and Phokeng have also passed their first aid training and will be receiving their certificates. Impala acknowledged the educators for completing essential medical emergency and first aid training and the mining company also donated emergency medical care equipment, including three stretchers per school and three first aid kits. The 32 educators underwent an intensive three-day training, provided by the first aid team from Impala's Medical Services. The training is accredited with the South African Red Cross Society and the Health and Welfare Education and Training Authority (HWEta). Doctor Andrews said: "We are proud of the first group of educators who completed our first aid and medical emergency training. We believe the training will enable the educators to help those around them in the event of a medical emergency." Doctor

Andrews added that having acquired these skills, the educators are now able to apply immediate first aid at school and in their communities, ensuring that the injured are treated quickly and on-site before being transported or before emergency medical services arrive. Impala will continue its training in first aid and medical emergency during 2020, offering training for educators from the remaining 11 schools from its host communities. Doctor Andrews said: "The Impala chief executive officer, Mark Munroe, is determined to have educators who have been trained in medical emergency in every school in all communities around our operations. For Impala this initiative goes beyond providing medical emergency training. It is part of Impala's greater safety initiative, to ensure communities are aware of the risks which might affect their health and are more safety conscious". The mine also has an arrangement with the Bafokeng to work together whenever there is a need to airlift patients in distress. Impala general manager Joseph Tsiloane said: "Impala is committed to providing essential support and empowering local communities to become self-sufficient. By conducting medical emergency skills training, providing essential medical kits and by working together, we ensure we are extending our values of respect and care into the communities who host our mining operations." He added that Impala was honoured and privileged to be part of this initiative to provide support to the surrounding schools and host communities. Impala also provides a range of other health and medical support services in the community.



Impala officials with the 10 educators who received certificates after undergoing first aid and medical emergency training from Impala's Medical Services.



Impala general manager Joseph Tsiloane (jacket), poses with Mogono Primary School educators Keitumetse Sesing, Magdeline Tlou and Maitai Seffore .

SUPPORT A WORTHY CAUSE

Mooionooi/ Rustenburg – Many women and children experience indescribable pain and trauma when they become victims of violence, rape or sexual abuse. Grace Help Centre, located in Mooionooi along the R104 road, is a haven and an ideal environment for physical and psychological healing to women and children seeking refuge and shelter. The centre is currently home to 50 children. Some of these young ones were abandoned while others experienced some form of trauma as a result of abuse. The centre provides the perfect environment which allows them to be children again. It is a safe place for women suffering from the effects of gender-based violence and it gives victims a chance to live a life free from fear. It also allows them to focus on getting their lives back on track. A donation to Grace Help Centre will go a long way in helping the facility to continue helping those who need help. There are many ways you can help. If you are a website developer or if you are knowledgeable about social media, help us to create a media strategy to enable us to reach out and make more people aware of our services.



The centre provides shelter to more than 75 people and as such beds and bedding are the main priority on the list of the things they need. There is an urgent need for 20 beds, plain fitted sheets, plain pillowcases as well as scatter cushions. Why not challenge your colleagues to a bed race or organise a bedding drive during an employee volunteer day? You are welcome to visit them and to see the amazing impact of your act of kindness. Grace Help Centre also needs two large washing machines, craft materials, paintbrushes, craft glue, hand sewing essentials, fabric off-cuts and stuffing. They require sports and gym equipment, sportswear or accessories for boys and girls and English and Afrikaans magazines for school projects. Grace Help Centre is registered with the South African Revenue Services (SARS) and we will gladly issue a tax rebate certificate for the value of the donation. Big or small, your donation will certainly go a long way in making a difference. For more information on how to assist Grace Help Centre, contact Rina van der Berg on 072 348 6526.

NUWELINGE OP DIE RHS-PERSONEEL

Rustenburg – Baie welkom aan Marina Snyman, Lorissa de Bruyn, Elderie van der Merwe, Monique van Zyl en Nalize Buys wat van Woensdag 15 Januarie amptelik deel van die Hoërskool Rustenburg (RHS) familie geword het. Mag RHS vir julle as inspirasie dien om jul passie as opvoeders uit te leef.



Van links: Marina Snyman, Lorissa de Bruyn, Elderie van der Merwe, Monique van Zyl, Nalize Buys.

REG VIR DIE 'GROOT SKOOL'

Rustenburg – Laerskool David Brink het op Woensdag 15 Januarie, hul nuwe Graad eens met ope arms verwelkom. Opwinding was die woord van die dag terwyl die nuwe leerders hulself in hul nuwe klasse tuisgemaak het.



AJ Mong (links) en Medupe Tshipang.



Van links: Angelique Gardner, juffrou Anneke Basson en Siyabonga Malangabi.



Van links: Kiana Dreyer, juffrou Linda Badenhorst en Hester Nell



Van links: Lizuko Mtakati, juffrou Sonika Lottering en Kgosi Malebanametsing.



Mbali Slingile (links) en Remoratile Kekana.

LOCAL RIDERS COMPETE IN GAUTENG

Rustenburg – Rustenburg Cycling Club (RCC) had three members who began their 2020 season on a high note by taking part in the exciting Gauteng Club (GC) XCO League #1 competition which took place in Gauteng on Saturday 18 January. Antonie Lit, Matteo Damilano and Kian Victor travelled to the Voortrekker Monument to compete in the race. The 4.2 km course was very challenging with the 97m vertical ascend for each of the laps requiring contestants to summon all their riding skills and experience. The wet conditions also made for a slippery, demanding but still enjoyable race. Well done Antonie, Matteo and Kian!



RCC was well represented at the competition.

PROTEA ATLETIEK KLUB ATLETE BREEK REKORDS

Rustenburg – Die Protea Atletiek klub spog met hul nuwe rekords wat hul opgestel het op Vrydag 17 Januarie tydens die interhuis atletiek. Die interhuis het uit verskeie skole bestaan waar vier van die atlete nuwe rekords verower het: Scott Williamson, het 'n eerste plek behaal in die seuns o/12 1200m met 'n nuwe rekord van 3:55, Nathan Havenga het 'n nuwe rekord

opgestel in die seuns o/11 1200m met 'n tyd van 3:58, Carmen Dicks, het twee rekords gebreek met uitstekende tye in die dogters o/13 1500m met 'n tyd van 5:11 asook dogters o/13 800m met 'n tyd van 2:28. Die jongste rekordbreker van die dag was Merle Nieman wat die dogters o/9 800m in 2:15 gehardloop het. Sy het ook eersteplek behaal in verspring en 'n derdeplek in die 100m en 200m.



Scott Williamson



Nathan Havenga



Carmen Dicks



Merle Nieman